Genesis Health Clubs - Tri-State 555 Tennis Lane Evansville, IN 47715



(812) 479-3111 genesishealthclubs.com Adult Tennis

Adult Programs — Summer 2025 (May 27— July 31)

Club Cardio

Heart pumping fitness on the tennis court for ages 18 and older. Classes are set to music and choreographed to move your heart rate into the proper target zone and enjoy fun activity while getting a workout. All classes can be reserved 5 days ahead of time via the Spond app. No show fees apply.

SCHEDULE OF CLASSES

Monday9:00-10:00 am, 5:30-6:30 pmTuesday9:00-10:0 am, 12:00-1:00 pmWednesday8:00-9:00 am, 5:30-6:30 pm

Thursday	7:00-8:00 am (4.0+), 12:00-1:00 pm
Friday	8:00-9:00 am
Saturday	9:00-10:00 am

Fee: \$20/class

ADULT CLINICS

Clinics meet at various times through the week and are arranged directly with the pro staff. Clinics are one hour or one and one half hours in duration. Clinics are based on NTRP ratings to ensure compatible play, If you are unaware of your rating, please contact a tennis professional for a complimentary session.

Fee: \$32.00 per hour

TENNISCIZE

The program that all adult Genesis members enjoy and get exercise with, It is open to all levels (must be a graduate of Learn Tennis Fast) and is run by the Genesis professional staff. This is a great opportunity to practice your shots, get a workout, play with friends, meet new players, and have a great time, Spots can be reserved 48 hours ahead of timé via the Spond app.

SCHEDULE OF CLASSES

Tuesday.....8:00-9:00 am Thursday....8:00-9:00 am Saturday....8:00-9:00 am

Fee: Complimentary